

Your Ref:	Quantity:	Product Code: PS0081BES
Our Ref:	Version: 1	Product colour:

PRINTING CONCERNS:

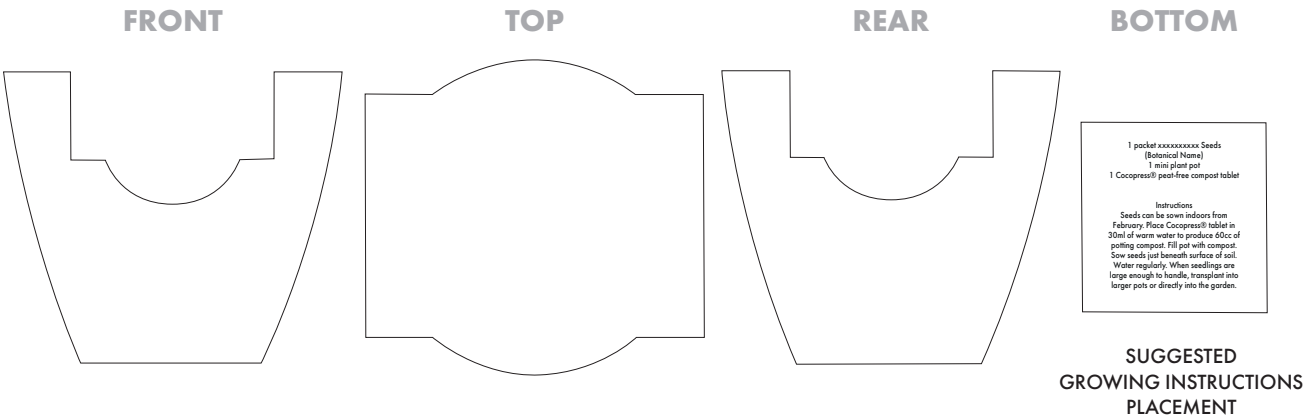
PRODUCT INFO:

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PANTONE REFERENCE(S)

Full Colour

ARTWORK SCALE 75%



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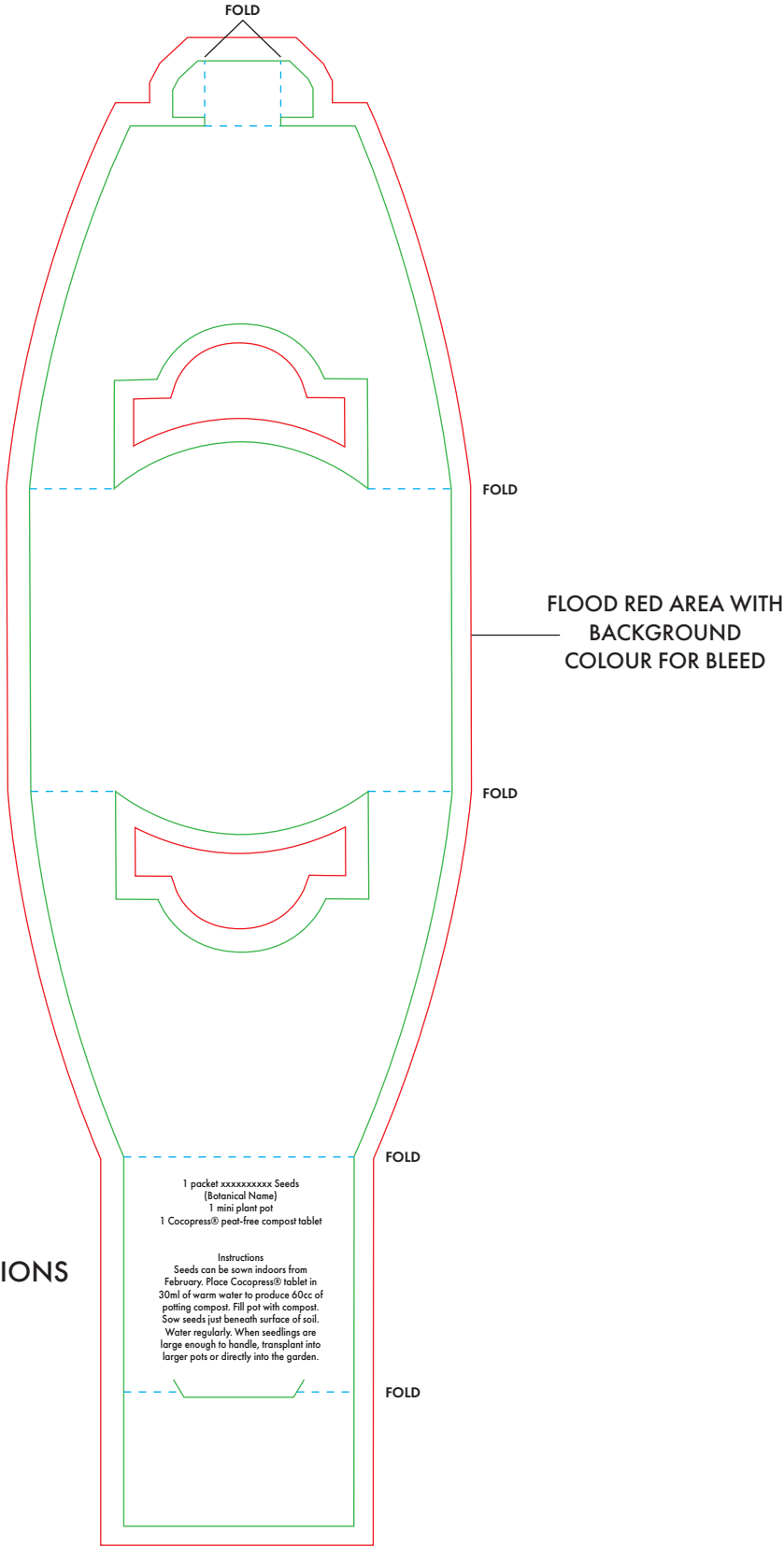
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SUGGESTED GROWING INSTRUCTIONS PLACEMENT

SUGGESTED GROWING INSTRUCTIONS

1 packet Lavender seeds
Lavandula angustifolia
1 mini plant pot
1 Cocopress® peat-free soil tablet

Growing Instructions
Place Cocopress® in 30ml of warm water to produce 60cc of potting compost. Fill pot with compost. Sow seeds in spring just beneath surface of soil. Water regularly. When seedlings are large enough to handle, transplant into larger pots or into the garden.



1 packet Forget me not seeds
Myosotis alpestris
1 mini plant pot
1 Cocopress® peat-free soil tablet

Growing Instructions
Place Cocopress® in 30ml of warm water to produce 60cc of potting compost. Fill pot with compost. Sow seeds in spring just beneath surface of soil. Water regularly. When seedlings are large enough to handle, transplant into larger pots or into the garden.



1 packet Mixed Herbs seeds
1 mini plant pot
1 Cocopress® peat-free soil

Growing Instructions
Sow indoors all year round or outside between March and June. Sow seeds just beneath the surface of fine soil and place in a warm (18-20°C), light position. Water sparingly. When seedlings are large enough to handle, transplant into larger pots or thin to 20cm apart. Harvest: Cut herbs as required for use in the kitchen.



1 packet Strawberry seeds
Fragaria vesca
1 mini plant pot
1 Cocopress® peat-free soil tablet

Growing Instructions
Place Cocopress® in 30ml of warm water to produce 60cc of potting compost. Fill pot with compost. Sow seeds in spring just beneath surface of soil. Water regularly. When seedlings are large enough to handle, transplant into larger pots or into the garden.



1 packet Poppy seeds
(*Papaver rhoeas*)
1 mini plant pot
1 Cocopress® peat-free soil tablet

Growing Instructions
Sow seeds indoors from January. Place Cocopress® tablet in 30ml of warm water to produce 60cc of potting compost. Fill pot with compost. Sow seeds just beneath surface of soil. Water regularly. When seedlings are large enough to handle, transplant into larger pots or directly into the garden from March.



1 packet Summer Flower seeds
1 mini plant pot
1 Cocopress® peat-free soil

Growing Instructions
Sow: Late March to June or early autumn. Prepare an area of soil in a sunny part of the garden. Sprinkle your seeds, rake lightly and gently firm down. Keep the area watered until the seedlings appear and then water as required. Annuals will flower in the first season with some biennials and perennials flowering the following year.



1 packet Sunflower seeds
Helianthus annuus sunspot
1 mini plant pot
1 Cocopress® peat-free soil tablet

Growing Instructions
Place Cocopress® in 30ml of warm water to produce 60cc of potting compost. Fill pot with compost. Sow seeds in spring just beneath surface of soil. Water regularly. When seedlings are large enough to handle, transplant into larger pots or into the garden. Sunflowers grow very tall and should be supported with a stake.



1 packet Christmas tree seeds
Picea abies
1 mini plant pot
1 Cocopress® peat-free soil tablet

Growing Instructions
Place Cocopress® in 30ml of warm water to produce 60cc of potting compost. Fill pot with compost. Sow seeds in spring just beneath surface of soil. Water regularly. When seedlings are large enough to handle, transplant into larger pots or into the garden.



1 packet Chive seeds
Allium schoenoprasum
1 mini plant pot
1 Cocopress® peat-free soil tablet

Growing Instructions
Place Cocopress® in 30ml of warm water to produce 60cc of potting compost. Fill pot with compost. Sow seeds in spring just beneath surface of soil. Water regularly. When seedlings are large enough to handle, transplant into larger pots or into the garden.



1 packet Basil seeds
Ocimum basilicum
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow indoors all year round or outside between February and June. Sow seed on the surface of good quality seed compost and cover with a light sprinkling of compost or vermiculite. Place in a warm and light position until germination which takes 14 - 21 days. Water very sparingly as basil prefers slightly dry soil. When seedlings are large enough to handle, transplant into larger pots and grow on in cooler conditions.

1 packet Butterfly & Bee seeds
1 mini plant pot
1 Cocopress® peat-free soil

Growing Instructions
Sow: Late March to June or early autumn. Prepare an area of soil in a sunny part of the garden. Sprinkle your seeds, rake lightly and gently firm down. Keep the area watered until the seedlings appear and then water as required. Annuals will flower in the first season with some biennials and perennials flowering the following year.



1 packet Cabbage seeds
Brassica oleracea
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow seeds from late March to Mid May. Prepare an area of soil in a sunny position. Sow seeds thinly in drills 1 to 1.5cm deep and 15cm between rows. When seedlings are large enough to handle thin plants to 30cm apart. Cabbage has very small roots and must be kept watered regularly. Cabbage plants generally take 4-6 months to reach maturity but can be harvested when they reach a desired size.

1 packet Chamomile seeds
Matricaria chamomilla
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow outside from February to June. Sow seeds on the surface of moist compost at 18°C. When seedlings are large enough to handle transplant into pots and grow on acclimatising to outside conditions. Plant out from June onwards 15cm apart in a sunny position.

1 packet Cornflower seeds
Centaurea cyanus
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow between March and May or under cover August to October. Sow onto moist seed compost. Cover with a fine sprinkling of soil. Propagate at 15-20°C, keep moist. Germination takes 14-21 days. Thin to 15cm spacing when large enough to handle.

1 packet English Daisy seeds
Bellis perennis
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow seeds from late spring to early summer outdoors in a sheltered, shady site in a well prepared seed bed about 6mm deep. Germination usually takes 14-21 days. Thin seedlings out to 10-15cm apart when they are large enough to handle and finally transplant to flowering site in autumn. Plant 23cm apart in sun or part shade for flowering the following spring. Alternatively can be sown directly outdoors in Autumn for flowering the following spring.

1 packet Fennel seeds
Foeniculum vulgare
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow seeds outdoors in June or July, once temperatures have warmed up. Prepare good quality, free-draining soil and make a shallow drill about 15mm deep. Water along the base, then sow the seeds thinly along the row. Space neighbouring rows 30cm apart. Keep the soil well watered.

1 packet Lettuce seeds
Lactuca sativa
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow in late March to early September. Prepare an area or window box with good quality soil in a sunny or lightly shaded position. Sow seeds in rows 1.25cm deep and cover with soil. Water regularly. When first true leaves appear, thin the seedlings. Harvest in 6-8 weeks from sowing.

1 packet Mint seeds
Mentha piperita
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow seeds indoors or under glass from winter to early summer. Sow in pots or trays on the surface of barely moist seed compost. Do not cover the seeds with compost. Place the seed tray in a propagator or seal inside a clear polythene bag until germination which takes 7-16 days. When seedlings are large enough to handle, transplant into pots and grow on in cooler conditions. When all risk of frost has passed, gradually acclimatise mint plants to outdoor conditions before planting outdoors. To grow outside, sow seeds in late spring or early summer on any well drained soil in full sun or partial shade at a distance of 30cm apart. Alternatively grow mint in containers to control its vigorous growth.

1 packet Onion seeds
Allium cepa
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow onion seed indoors between February and April in a seed tray at a depth of 1cm. Place in a propagator or seal container inside a plastic bag at a temperature of 10-15°C until after germination which usually takes 10-14 days. Once germinated, grow onions on in cool conditions until all risk of frost has passed and they are large enough to plant outdoors at a distance of 10cm (4") apart. Cover with a protective netting or fleece to prevent attack from birds and insects. Water the plants thoroughly after planting.

1 packet Parsley seeds
Petroselinum crispum
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow seeds from late spring to early summer outdoors in a sheltered, shady site in a well prepared seed bed about 6mm deep. Germination usually takes 14-21 days. Thin seedlings out to 10-15cm apart when they are large enough to handle and finally transplant to flowering site in autumn. Plant 23cm apart in sun or part shade for flowering the following spring. Alternatively can be sown directly outdoors in Autumn for flowering the following spring.

1 packet Parsnip seeds
Pastinaca sativa
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow parsnip seeds outdoors from April to May. Avoid sowing in cold or wet soils. Grow parsnips in a sunny position in a well prepared soil that has been deeply cultivated. Parsnips prefer a fertile, light, well-drained soil, which has been manured for a previous crop.

1 packet Radish seeds
Raphanus sativus
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow the seeds directly in the place they are to grow between April and September. Cover the seeds with 1cm of soil or compost and gently firm down the soil and water. When the seedlings have 3 or 4 leaves, thin them out leaving a 1cm gap between each plant. Germination usually takes only 8-10 days and radish can be harvested roughly 1 month after planting.

1 packet Sage seeds
Salvia
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow seeds indoors from February to May, or outside from April to May. Whilst the plant is still young keep the compost moist. When the plant becomes established, reduce the watering as sage is a drought resistant plant. Do not overwater. Harvest from March to October.

1 packet Dwarf Sunflower seeds
Helianthus annuus
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow seeds in a sunny position between April and June 2-3cm deep in the soil and 10-15cm apart. Germination usually takes around 21 days, and when seedlings are large enough to handle should be thinned to 30cm apart. These dwarf varieties will grow to only 30-40cm tall with a spread up to 30cm, and flower in late summer.

1 packet Wildflower seeds
1 mini plant pot
1 Cocopress® peat-free soil



Growing Instructions
Sow: Late March to June or early autumn. Prepare an area of soil in a sunny part of the garden. Sprinkle your seeds, rake lightly and gently firm down. Keep the area watered until the seedlings appear and then water as required. Annuals will flower in the first season with some biennials and perennials flowering the following year.

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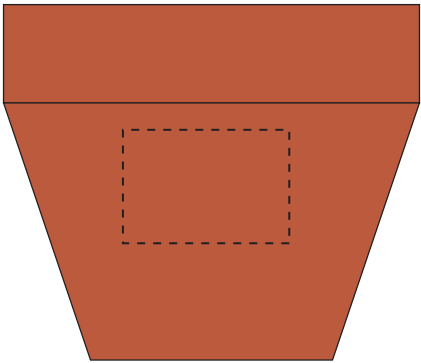
PRODUCT INFO:

Butterfly & Bee Seed Mix
Sow: Late March to June or early autumn.
Prepare an area of soil in a sunny part of the garden. Sprinkle your seeds, rake lightly and gently firm down. Keep the area watered until the seedlings appear and then water as required.
Annuals will flower in the first season with some biennials and perennials flowering the following year.

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PANTONE REFERENCE(S)

● Colour 1



ARTWORK SCALE 100%

ARTWORK SCALE 100%
Max print area: 22mm x 15mm



Product Image for visualisation
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